

# OCTOBER

*Utah Student Nurse Association Newsletter*



**NURSING IS NOT FOR EVERYONE. IT TAKES A VERY STRONG, INTELLIGENT, AND COMPASSIONATE PERSON TO TAKE ON THE ILLS OF THE WORLD WITH PASSION AND PURPOSE AND WORK TO MAINTAIN THE HEALTH AND WELL-BEING OF THE PLANET. NO WONDER WE'RE EXHAUSTED AT THE END OF THE DAY!**

-DONNA WILK CARDILLO

## IT'S BREAST CANCER AWARENESS MONTH!



**FOR MORE INFORMATION ABOUT BREAST CANCER VISIT**

**[HTTPS://WWW.NATIONALBREASTCANCER.ORG/BREAST-CANCER-AWARENESS-MONTH/](https://www.nationalbreastcancer.org/breast-cancer-awareness-month/)**

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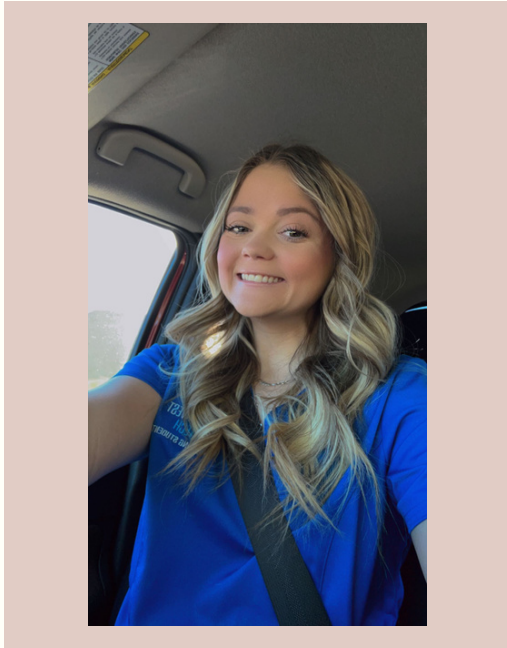
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**STANFORD WORKFORCE STUDY**

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**CONVENTION UPDATE**

# NURSING SCHOOL SURVIVAL GUIDE



time management!!! learning how to strategize and plan your day is KEY! it's not that much work if you just plan a little!

**Britnie Simcox**

Southwest Technical College

**USE THIS LINK TO SUBMIT YOUR TIP!**  
[HTTPS://FORMS.GLE/Q3J8PNMWGMDP6QPSA](https://forms.gle/Q3J8PNMWGMDP6QPSA)

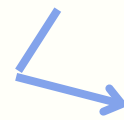
# NSNA MIDYEAR CONFERENCE UPDATES



**Advance NSNA Member Registration Rates**  
**\$95** for NCLEX Review and Conference  
**\$75** for Conference Only  
**\$80** NCLEX Review Course Only

**Online Registration Deadline:**  
October 24, 2023

Register with this QR code



# STANFORD WORKFORCE STUDY



Stanford medicine is conducting a study on nursing students and the programs they belong to. Enter for a chance to receive a \$10 Amazon giftcard! For more information and access to the study visit <https://redcap.link/k4gp54ve>

## CONVENTION UPDATE!

We've released our official flyer for the 2024 USNA conference! Save and share it with your nursing friends!



For a higher resolution copy of the flyer visit our website [www.utahstudentnurse.org/](http://www.utahstudentnurse.org/)

**SELF ADVOCACY**

**BEYOND THE BEDSIDE**

UTAH STUDENT NURSE ASSOCIATION ANNUAL CONVENTION

COME AND LEARN ABOUT SELF ADVOCACY: BEYOND THE BEDSIDE WITH FELLOW NURSING STUDENTS AND NURSES IN THE 2024 USNA CONVENTION.

WHEN: SATURDAY FEBRUARY 10TH, 2024  
WHERE: SALT LAKE COMMUNITY COLLEGE - REDWOOD CAMPUS  
4600 S REDWOOD ROAD, SALT LAKE CITY, UT 84123

APPLY FOR SCHOLARSHIPS, MEET WITH CURRENT NURSES AND NURSING AGENCIES

INTERACT WITH 15+ EXHIBITORS, HOSPITALS, GRAD. SCHOOLS AND NURSES IN YOUR DESIRED FIELD! MAKE CONNECTIONS.

LISTEN TO REBECCA LOVE SPEAK ABOUT ADVOCACY AND APPLY AND JOIN THE USNA BOARD TO BECOME MORE INVOLVED!

SCHOLARSHIP APPLICATION

SPONSOR/ EXHIBITOR

CONVENTION REGISTRATION

SCAN HERE TO JOIN THE BOARD!

- RESOURCES** NSNA. (N.D.). NSNA. [HTTPS://WWW.NSNA.ORG/](https://www.nsna.org/)  
[HTTPS://ALLNURSES.COM/DONNA-CARDILLO-THE-INSPIRATION-NURSE-T689147/](https://allnurses.com/donna-cardillo-the-inspiration-nurse-t689147/)  
[HTTPS://WWW.NATIONALBREASTCANCER.ORG/BREAST-CANCER-AWARENESS-MONTH/](https://www.nationalbreastcancer.org/breast-cancer-awareness-month/)  
[HTTPS://WWW.FDA.GOV/CONSUMERS/TAKE-TIME-CARE-PROGRAM/PINK-RIBBON-GUIDE-MAMMOGRAPHY-MATTERS](https://www.fda.gov/consumers/take-time-care-program/pink-ribbon-guide-mammography-matters)  
 HOME. (N.D.). STANFORD MEDICINE. [HTTPS://MED.STANFORD.EDU/](https://med.stanford.edu/)