

MAY

Utah Student Nurse Association Newsletter



“NURSING IS NOT JUST AN ART, IT HAS A HEART. NURSING IS NOT JUST A SCIENCE, BUT IT HAS A CONSCIENCE.”

• DONNA WILK CARDILLO



**FROM OUR USNA
FAMILY TO YOURS!**

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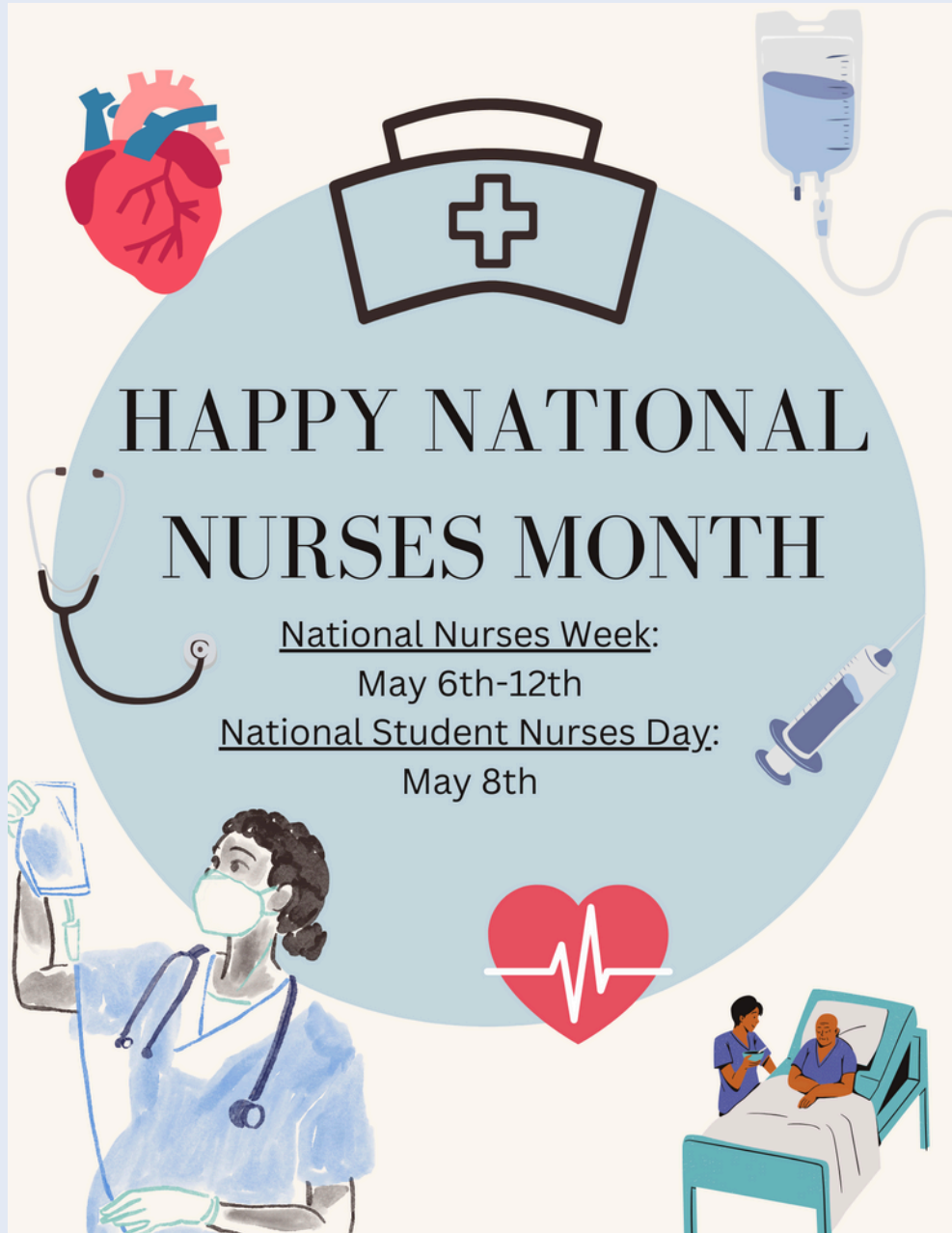
Anida Pathammavong
University of Utah

“I am getting through nursing school with the support from my family, friends, and boyfriend, hobbies, and rest. I cannot imagine going through this without my friends or family. They make me smile and laugh so much! I appreciate how spending time with them makes me feel like more than just a student. Moreover, I love baking and reading. I think my hobbies help distract myself from all the stress and worries. I also think it helps maintain motivation. Lastly, I love sleep and getting rest. It’s hard to always get the right amount of sleep each night, but I know that I do so much better when I am well- rested and energized.”

Date for the 2025 Convention

WE’RE EXCITED TO ANNOUNCE THAT THE 2025 CONVENTION WILL TAKE PLACE AT BRIGHAM YOUNG UNIVERSITY ON MARCH 1ST 2025, RUNNING FROM 8:00 AM TO 4:00 PM. MAKE SURE TO MARK YOUR CALENDERS AND START REGISTERING FOR THE CONVENTION THROUGH OUR WEBSITE. STAY TUNED FOR MORE CONVENTION UPDATES ! CHECK OUT OUR WEBSITE FOR MORE INFORMATION

<https://www.utahstudentnurse.org>



NURSING IS WHERE COMPASSION MEETS EXPERTISE, AND EVERY HEARTBEAT MATTERS. IT'S MORE THAN A PROFESSION, IT'S A CALLING TO HEAL, COMFORT, AND UPLIFT LIVES. WITH EACH TENDER TOUCH AND ATTENTIVE CARE, NURSES EMBODY THE TRUE ESSENCE OF HUMANITY'S GREATEST GIFT WHICH IS TO SERVE WITH LOVE. THANK YOU TO ALL OUR AMAZING NURSES FOR EVERYTHING THAT YOU DO, YOU ARE HEROS.

-FROM OUR USNA FAMILY TO YOU!