

JANUARY

Utah Student Nurse Association Newsletter



MEME OF THE MONTH

STUDENT NURSE EDITION

IN THIS ISSUE

**NURSING SCHOOL
SURVIVAL GUIDE**

**SCHOLARSHIP
OPPORTUNITY**

HAPPY NEW YEAR!!

January

**FROM OUR USNA
FAMILY TO YOURS!**

NURSING SCHOOL SURVIVAL TIP

The biggest thing I do to survive nursing school is ensure that each day I have one hour of me time! This could be exercising, playing with my dog, hanging out with my husband, or scrolling on my phone. Sometimes I split this into two half hours. Often I either take a break from studying or use this as a way to wind down my day before sleeping.

Aubrey Rich



SCHOLARSHIP OPPORTUNITY



The Foundation of the National Student Nurses' Association, Inc.

To Support Nursing Education and Promote the Nursing Profession.

www.forevernursing.org

fnsna@forevernursing.org

The 2025-2026 scholarship application is available from September 9, 2024 – January 24, 2025, on

www.forevernursing.org

WHO IS ELIGIBLE?

- Students currently enrolled and matriculated in a state-approved nursing program leading to an associate degree, baccalaureate, diploma, direct-entry master's degree; or enrolled in an RN to BSN completion, RN to MSN completion, or LPN/LVN to RN program.

Matriculation means the student has applied to and has been admitted into a state approved nursing program.

(Students must graduate after July 1, 2025, to apply)

- Pre-nursing students taking courses to prepare for matriculation into a nursing program
- Attending classes and taking no less than six (6) credits per semester.
- Involvement in student nursing organizations and/or community health activities
- Document academic achievement
- Establish financial need
- U.S. Citizen or Alien with U.S. Permanent Resident Status/Alien Registration Number
- High school students are not eligible to apply
- Funds are not available for graduate study unless it is for a first degree in nursing

HOW MUCH MONEY IS AVAILABLE?

The NSNA Foundation awards over \$500,000 annually. Scholarship funding is up to \$10,000 per award.

WHAT CRITERIA ARE USED FOR SELECTION?

The scholarships are based on academic achievement, financial need, and involvement in nursing student organizations and community activities related to health care. Additional criteria may be required by some sponsors.

WHEN WILL THE SCHOLARSHIPS BE AWARDED?

Scholarships are awarded in the spring of 2025 for use in summer school 2025 and the 2025 – 2026 academic year.

WHO CHOOSES THE RECIPIENTS?

A committee of faculty and students is appointed by the NSNA Foundation to select recipients.

WHEN IS THE APPLICATION AVAILABLE? The 2025-2026 online scholarship application is available September 9, 2024.

DEADLINE FOR COMPLETED APPLICATIONS?

Applications must be submitted online by January 24, 2025.

WHAT DOCUMENTS ARE REQUIRED WITH THE APPLICATION?

All applicants must submit a copy of their recent nursing school transcripts, or grade report. NSNA members must provide their member numbers and expiration date. Registered nurses in baccalaureate programs and licensed practical/vocational nurses in programs leading to registered nurse licensure must submit a copy of their license to be considered for the Career Mobility Scholarships. Complete details are in the online application.